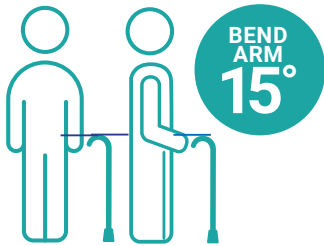


How to Choose the Right Cane

Canes provide help with balance & relieve pressure on joints for those with light to moderate walking difficulties.



Step 1: Measure for the perfect handle height



Stand straight with arms at your sides. The top of the handle should align with the bend in the wrist.



Keep your shoulders level. If your cane side shoulder is higher, choose the next size down; if your cane-side shoulder is lower, size up.



Using a cane on the opposite side of an injury reduces limp, provides a natural gait, & helps you stand upright. However, you can use your cane on the injury side if it's more comfortable.

Step 2: Select your cane type



Offset

- Improves weight distribution
- Provides increased balance for those with wrist & grip issues
- Available in gel or foam grip

Wt. Cap.(lb.)	Handle Ht.(in.)
250-300	28.75-39
600*	37-46*

**Steel*



Straight-Handle/T-Handle

- Provides better grip & balance
- Reduces hand stress & fatigue
- Available in contoured grip only

Wt. Cap.(lb.)	Handle Ht.(in.)
300	27-39



Folding

- Discreet option that can be folded for storage or travel
- Available in contoured grip only

Wt. Cap.(lb.)	Handle Ht.(in.)
300-500	30.5-39.5



Quad

- Provides the most balance support with a quad base
- Available in gel or foam grip

Wt. Cap.(lb.)	Handle Ht.(in.)
300-500*	28-39.5

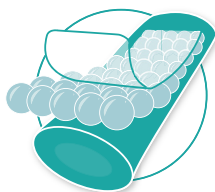
**Steel Base*

Know the benefits of each grip



Foam Grip

- Suppresses vibration
- Durable & comfortable
- Easy to replace



Gel Grip

- Reduces hand stress & fatigue
- Provides cushioned comfort



Contoured Grip

- Ergonomic handle helps keep hand & wrist in neutral, stress-free position
- Provides added comfort & stability

Cane tip options



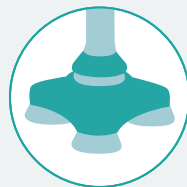
Standard Tip

- Helps absorb shock
- Features steel inner plate
- Provides complete contact with ground



Quad Tip

- Provides superior grip & absorbs shock
- Stands independently
- Lighter & more compact than base quad canes
- Offers balance & stability over all terrain



3-Point Flex Tip

- 360° grip & stability
- Stands independently
- Pivoting design increases contact with ground
- Offers balance & stability over all terrain



Replacement Tip

- Variety of styles to choose from including fun and functional options

Cane accessories



Ice-O-Grip™

- Installs on standard canes & flips up when not in use
- Stainless steel prongs provide stability & safety on icy terrain



HurryShield™

- Attaches to most mobility devices with elastic straps
- Contains mask, door opener, gloves, sanitizer & disinfectant wipes
- Keeps essentials within reach



Bling Cane Strap

- Soft flexible strap keeps your cane within reach
- Fun fashion for your cane
- 7" strap with quick connection

Patterns for every style



Solids

Stylish simplicity



Novelty

Quirky & fun



Geometric

Timeless style



Florals

Bright & colorful



Abstract

Modern & artistic

Your healthcare provider can assist you in choosing the best cane/grip combo.